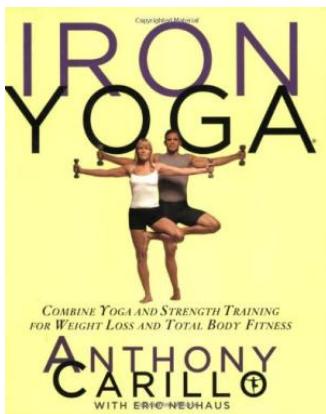


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IRON YOGA: COMBINE YOGA AND STRENGTH TRAINING FOR WEIGHT LOSS AND TOTAL BODY FIT



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- Authored by Carillo, Anthony.
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